

User manual



vanraam
Let's all cycle



Tavara Balance



Van Raam BV
Aaltenseweg 56
7051 CM Varsseveld
The Netherlands

Versie 16.05

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Contact details manufacturer

Van Raam BV
Aaltenseweg 56
7051 CM Varsseveld
The Netherlands

Tel. : +31 (0)315 257370
E-mail : info@vanraam.com
Internet : www.vanraam.com

Conformity

Van Raam declares as manufacturer that the Tavara Balance bicycle, as described in this manual, has been produced in accordance with the 93/42/EEG guidelines, risk category 1. All products have been produced in accordance with the 2006/42/EG guidelines. The declaration of conformity can be found on the Van Raam website.

Introduction

This user manual provides important and necessary information about the use of your bicycle. We ask you to read this manual thoroughly before using the bicycle. Always follow all the instructions given in this manual.



**READ
CAREFULLY!**

Delivery

- Bicycle with packaging
- User manual(s)
- Possible chargers (depending on options)
- Spare key

Check the delivery immediately after receiving it. In case of damage or incomplete delivery we ask you to contact your dealer immediately. Upon delivery you should fill out the form "Form service, maintenance, modifications and warranty claims" in the back of this manual.

Intended usage

The bicycle is designed for normal use on level and solid ground. The usual bicycle caution should always be taken into consideration. At the same time all safety instructions as described in this manual should be complied with explicitly. Also the local traffic rules should always be complied with.

The bicycle is meant for one person. The driver should be independently mobile and may not have any serious visual or other impairments, which could adversely affect the controlling of the bicycle.

All other use, including damage or physical injuries due to this, are not the manufacturer's responsibility.

Safety measures

- Ensure the bicycle is in good condition each time before using it. Check before **each** ride that the brakes are in order. Check the lighting and make sure there is enough tyre pressure.
- Regularly check if the wheels, the handlebars and the saddle are properly fixed and also whether all screw joints are tight.
- Only use the bicycle on a **solid and level surface**.
- Make sure that wide trousers or loose hanging clothing don't get caught in the chain, spokes or pedals.
- Do not use a pressure washer or a steam cleaner for the cleaning of the bicycle.
- Always lock the bicycle when leaving it unattended.
- Make sure that no dangerous speed develops when driving downhill and entering tunnels. Brake on time and don't ride faster than 30 kilometres per hour.
- In case of pregnancy, extra care is required owing to a higher risk of injury.
- Do not put the bicycle in direct sunlight: the temperature of some parts could reach above 41°C resulting in possible hypersensitivity of the skin.
- In case that the bicycle is equipped with the Silent electric motor system, make sure that you get used to riding with electric support. Beware when you turn on the system and make sure you don't get startled by unexpected behaviour because you turned on the electric support.

Load

The maximum load should not be exceeded. See information in the index of technical details on page 19. By permitted load we mean the total load, including the load on the luggage rack.

Make sure that the permitted load on the luggage rack is not exceeded. (**maximum** 20 kg). People may not be transported on the luggage rack.

Damaged or worn out parts

The replacement and repair of parts (frame, forks, light, brakes, drive mechanism and the handlebars) should **always** be performed by an authorised dealer. If not, the guarantee ceases to be valid and you will be personally responsible in the event of possible damage.



Specific safety parts should **always** be replaced by new parts!

Adjustment of the bicycle

Before using the bicycle, adjust it to the measurements of the cyclist. This is of great importance, especially the saddle and the handlebars.



If an optimal adjustment of the bicycle, as defined in the instructions, is not possible, you can contact your dealer for a fitting solution.

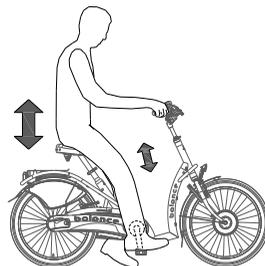
The brakes are correctly adjusted and should only be adjusted by the dealer during periodic maintenance.



Take care that fingers and limbs do not get trapped while adjusting the bicycle.

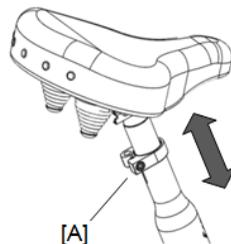
Saddle height

When the cyclist is sitting on the bicycle and can put a foot on the pedal in the lowest position, the saddle height is correct. Adjust the saddle height in such a way that the leg is stretched but relaxed in that position.



To adjust the saddle:

1. Loosen the screw [A].
2. Slide the saddle to the correct height.
3. Tighten the screw.



Do **not** pull out the saddle pin **further** than the mark. The tube will not go into the shank deep enough and will risk breaking off, which can lead to serious injuries.

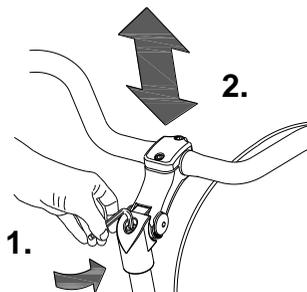


Handlebars height

The height of the handlebars affects the comfort of the ride. It determines the pressure on the hands and the position of the back. Determine your own most comfortable height by using the bike.

To adjust the handlebars:

1. Slightly loosen the screw by using an Allen key.
2. Slide the handlebars to the correct height and tighten the screw very firmly again.



Do **not** pull out the handlebars **further** than the mark. Otherwise the tube will not be deep enough in the shaft and will risk breaking off, which can lead to serious injuries.

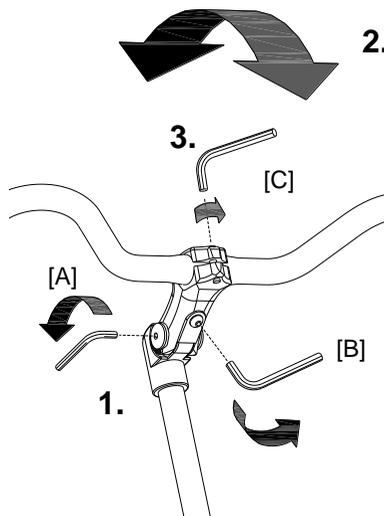


Position handlebars

You can tilt the handlebars. This influences the distance from the handlebars to the upper body. Determine your own most comfortable position by using the bike.

To tilt the handlebars:

1. Slightly loosen the screws [A] and [B] with an Allen key.
2. Put the handlebars in the desired position and then tighten the screws considerably.
3. Slightly loosen screw [C] with an Allen key, put the handlebars in the correct (horizontal) position and then tighten the screw again.



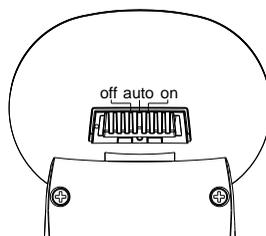
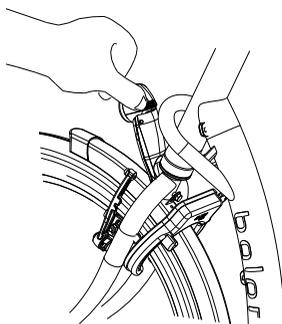
Lights

Headlight

The headlight has a switch (sliding switch) with three positions: **Off-Auto-On**.

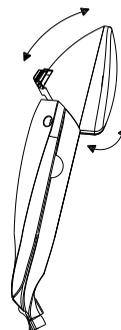
The headlight can be manually switched on or off with the “On/Off” position.

In the “Auto” position, the headlight turns on or off automatically with the help of light- and movement sensors. When the bicycle stands still for a while, the light will automatically turn off.



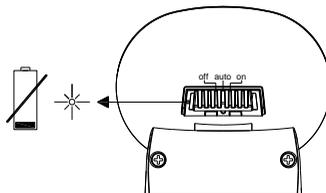
Adjusting the headlight

Set the angle of the headlight such that the centre of the light beam falls approximately ten meters ahead of the bike.

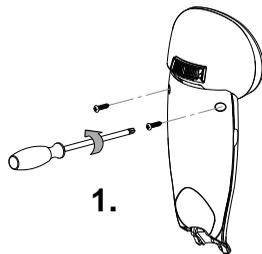


Replacing batteries

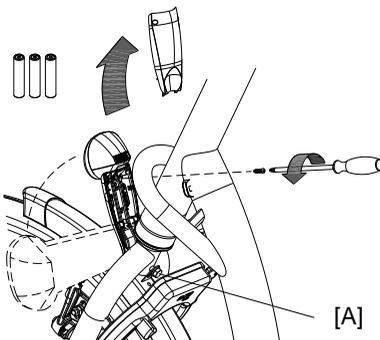
The headlight works on batteries. When the batteries are almost empty, a red LED light flashes on the headlight. Follow the next steps to replace the batteries.



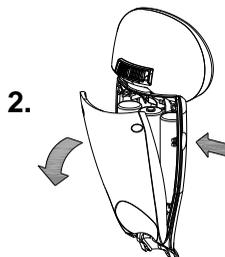
1. Remove the two screws at the back of the front light.



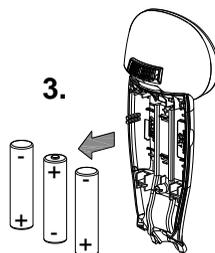
In case you cannot easily reach the screws, slightly loosen screw [A] and tilt the light a quarter turn, so the screws are better accessible.



2. Dismantle the rear cover by pressing with the thumb and index finger at the cavity on both sides of the front cover and pulling the rear cover back.



3. Replace the alkaline batteries (1.5 V - 1500 mA) and assemble the rear cover.



Only operate the lighting when stationary to avoid dangerous situations and the risk of personal injury. Advice: use the lighting in automatic mode.

Rear light

The rear light has three options which you can choose by pressing the button repeatedly: **On-Auto-Off**.

The setting is as follows:

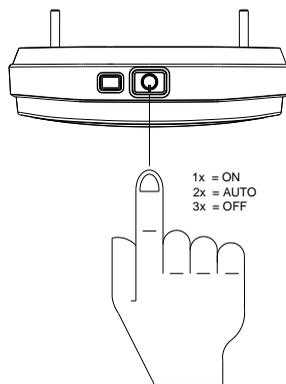
Press **1x**: light is on

Press **2x**: lighting is automatic

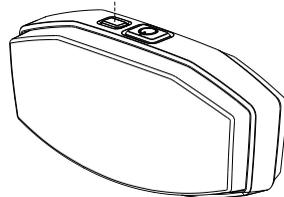
Press **3x**: light is off

With the "On" or "Off" mode, the rear light can be manually switched on and off.

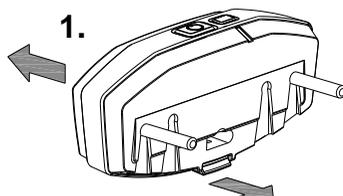
With the "Automatic" mode the rear light automatically turns on and off with the help of light and movement sensors. When the bicycle stands still for a while, the light will automatically turn off.



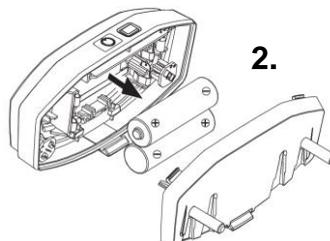
The rear light works on batteries. When the batteries are almost empty, a red LED light on the top starts flashing. To replace the batteries, follow the next steps.



1. Dismantle the cover of the holder by pressing in the lip at the bottom of the light.



2. Replace the alkaline batteries (1,5 V - 1500 mA) and assemble the cover.

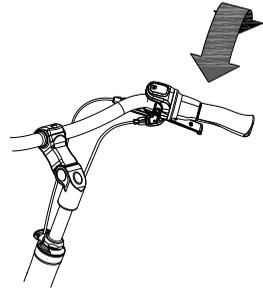


*Batteries cause environmental pollution.
Follow the local regulations
during disposal.*

Gears

Standard the bicycle has eight gears. The gear is operated by turning the grip.

Do not use the pedals when turning the grip.



Check before every ride:

- The brakes
- The tyre pressure
- The lights
- That all parts are fitted properly
- That the battery is adequately charged (depends on options)

Contact your dealer and stop using your bicycle as soon as you observe irregularities during the check!

As with all mechanical parts, the bicycle is subject to wear tear and high loading. If a component fails, it can lead to very dangerous situations. This can lead to damage or injuries to the user of the bicycle. Any form of cracks, scratching or change in colour in heavily loaded parts or a component indicates that the component must be replaced.

Important safety points for the cyclist

- Be very careful during the first ride.
- When riding the bicycle hold both hands firmly on the handlebars and feet on the pedals.
- Test the riding style of the bicycle on rough ground at moderate speed. This way the cyclist learns how to react to unexpected movements of the bicycle and the handlebars during use.
- Small obstacles should be cycled over with appropriate speed.
- Obstacles higher than five centimetre should be avoided.
- Ensure that no dangerous speed develops while driving downhill and entering tunnels. Brake on time.

The Silent Electric motor system is a special developed support system by Van Raam for the rehabilitation market. The system is characterized by:

1. A simplicity of operation
2. The powerful electric motors
3. Modern and efficient electronics
4. Extremely high quality and safe batteries
5. Individually adjustable support for cycling

The Silent system comes standard with a basic support mode individually programmed for your bike. In most cases, it gives precise and smooth cycling characteristics with a good compromise between support and radius of action.

In special cases, an individually tailor-made cycling program is necessary. You can obtain information from the dealer about the possibilities of a customised cycling program.

Functions:

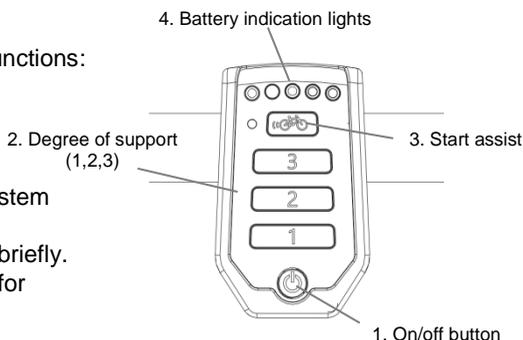
The electric system has the following functions:

- Pedal support while cycling
- Start support

1. On/off button

Using the on/off button, the electrical system can be switched on or off.

- Switching on: Push the button briefly.
- Switching off: Push the button for two seconds.



After the system is turned on, the electric motor is active in level 1.



When the system is not used, it will automatically turn off after a certain time.

With the option “integrated lighting”, the lights will automatically switch on when you turn on the electric motor system. You can switch the lights on and off by briefly pressing the on/off button in this mode.



Always turn off the electrical system when you are getting off the bicycle. Turn the electrical system on after you have taken up your riding position.

2. Degree of support 1, 2 and 3

The desired support can be set by using one of the support levels 1, 2 or 3.

1. Light support, maximum range.
2. Average support, average range.
3. Maximum support, low range.

You can change the level while cycling.

3. Start assist

The Silent electric motor has a start support. This allows the driver to pull-away without pedalling up to a speed of 6 km/h over five seconds. To accelerate, press the start assist button and keep it pressed down. The function will only activate again, when the support button has been pressed down again.

If you peddle normally, the function works for up to five seconds, each time the button is pressed, up to maximum speed of the bicycle (20-25 km/h).

The start assist is used for:

- Extra support when starting.
- Extra support for cycling uphill.



Tip: when cycling a steep climb, you can use support in level 3 and push the start assist repeatedly for five seconds to achieve maximum support.

4. Battery indication lights

The level of charge in the battery is given by five LED lights: four of these are green, the one on the left can show either green or red, if charge is low.

The battery is almost empty if only the last red LED light is on. The battery needs to be recharged or replaced by a (new) fully charged battery.

When the last red LED light flashes, the battery is empty and the motor will no longer support while cycling. The integrated lighting continues to work.



Never leave the bicycle with an empty battery!

Note: charge the battery within one day.



When the motor is not used for several days, the battery switches into the sleeping mode. This is to protect the batteries. To activate it, you must connect the battery to the charger for a few seconds or cycle the bike forwards (around 10 km/h) and push the on/off button to activate the system.



If you push the bicycle, turn off the motor.

Bike application

The smart display is equipped with a Bluetooth connection. The Van Raam application can connect with the bike and track your bike data. In addition, settings can be changed while cycling. Once the smart display is ready to connect to the smartphone, the on/off button briefly turns blue. More information about the Van Raam application can be found on the Van Raam website.

Other functions

The smart display has an automatic dimming function. With an inbuilt light sensor the lights of the display will automatically creating less distraction for the cyclist in darker or more shadowy conditions.

Charging the Battery

For the best performance and to prolong the life of the battery, we recommend that you charge the battery at home at room temperature.

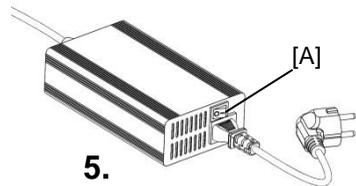
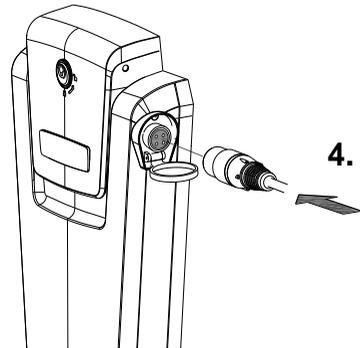
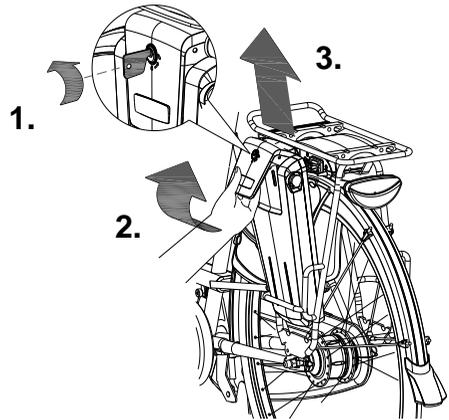
To charge the battery:

1. Unlock the battery by turning the key a quarter.
2. Pull the handle forward.
3. Take the battery pack from the holder.
4. Take the battery pack inside. **First** connected the charger into the plug contact of the battery.
5. **Then** connect the charger plug into the mains socket. Turn the switch [A] on. A green LED light on the charger will start to blink fast. Now the battery will recharge.



Beware! If the battery is not connected properly, the green LED light blinks slowly. In case of a poor contact, the connector of the charger needs to be cleaned.

6. Depending on the battery level, the charging time is about 2,5 hour.
7. Once the battery is fully charged, the green LED light stays on. Pull the plug from the mains socket **first** or turn the switch [A] off.
8. **Then** pull the connector from the battery.

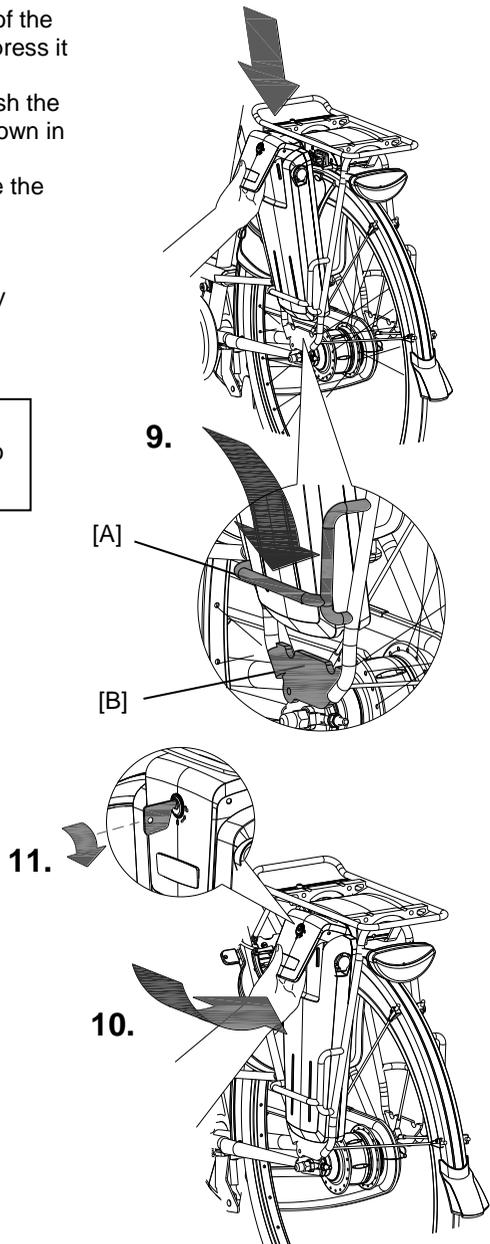


9. Put the battery back in the holder of the cycle. Slide it behind bar [A] and press it firmly on strip [B].
10. Pull the handle backwards and push the top of the battery to connect as shown in the drawing and close the lock.
11. Push the handle forward and close the lock.

It is also possible to charge the battery while it is still in the holder.



Do not wait until the battery is completely empty. It is better to recharge the battery interim.



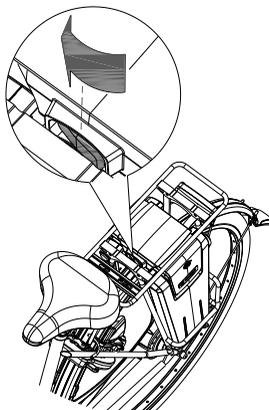


Make sure that the switch is set to the side the battery is placed.

Backup battery (optional)

The bike can be supplied with a second battery.

To activate the second battery (when the first battery is empty) turn the switch under the luggage carrier to the right sight.



Keep in mind that your bike provides less support when it's cold (0°C and less) and the battery will discharge faster. Charging also takes more time at lower temperatures.



The action radius depends on a lot of different factors and is strongly influenced by: capacity and voltage of the battery, degree of support that is used, temperature, wind speed, tyre pressure, cycling speed, weight of the user and the luggage, use of gearing etcetera.

Charging and maintenance tips for the battery



Every battery discharges automatically over time. This process is called self-discharge. A battery that is empty and not charged, will self-discharge and will be deep discharged. The battery can be permanently damaged during this process. In case of deep discharge, the warranty will be void.

Beware:

- Never leave the bike with an empty battery! We advise you charge the battery as soon as possible before it's totally empty.
- The best storage-charge of the battery is when three to five LED lights burn.
- Check the battery every month in the winter. If fewer than three LED lights burn, recharge the battery.
- Make sure that the battery is not charged at a temperature lower than -5°C. We advise you charge the battery at room temperature.
- Only use the charger indoors and in non-humid environments, the charger may not get wet.
- Only use the Van Raam supplied battery.

- Only charge the battery with the supplied charger!
- The battery housing and charger housing may never be opened! When there is a problem, contact your dealer.
- Don't charge the battery in full sunshine.
- Don't drop the battery, this can cause external and internal damage.
- If your bicycle has a fault, the battery should be disconnected for the bicycle.



Problem solving

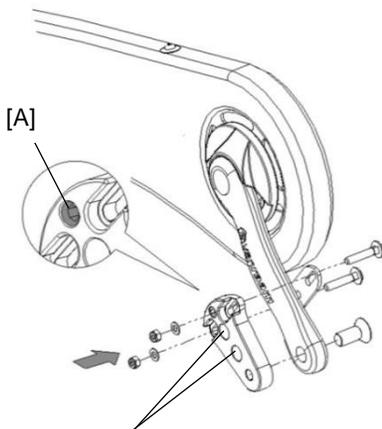
- The system does not turn on:
 1. Make sure that the battery is properly attached.
 2. Check the status of the battery. If it is empty, recharge the battery.
 3. Make sure the battery is active. If the battery is not used for several days it will shut itself down. The battery can be reactivated by recharging it briefly, pushing and holding down the on/off button while cycling (less than 10km/h), or on certain batteries by pushing the indicator button on the battery until the indicator appears.
 4. If the above action does not help, contact your dealer.
 - If the battery indicator LED lights on the display are flashing:
The motor may be overheated by continuous high load. For protection, the system will reduce the support.
 1. The system is in temperature-protection. You can continue cycling with reduced support.
 2. After cooling down, the normal support and indication will restore automatically.
 - If the support LED lights on the display are flashing:
This indicates motor failure. You will need to contact your dealer.
- If a red LED light on the charger starts flashing, remove the plug from the mains outlet and do not longer use the charger. In this case, contact your dealer.

Depending on your order, you can use the accessories as described below.

Crank shortener

The crank shortener is fitted to the crank, as illustrated. The pedal can then be fitted into the crank shortener at two positions.

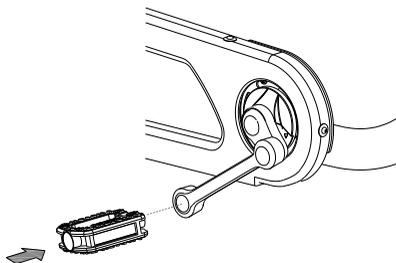
With the Allen screw [A] the crank shortener should be aligned with the crank.



Two assembly points pedal

Eccentric crank

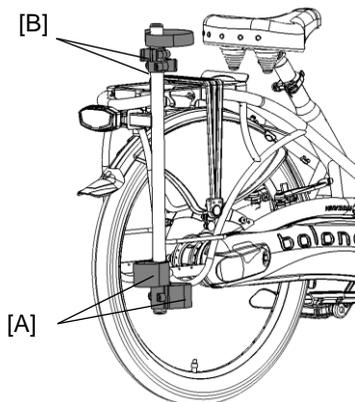
The bicycle can be fitted with an eccentric crank on the left and/or right side. The illustration may differ from your crank, because it is custom made.



Walking-stick holder

You can take two walking-sticks with you in the stick holder. Place the walking-stick in the holder at the bottom side [A] and then secure the stick in the fastening device [B] at the top side.

Always fasten the walking-stick(s) with the Velcro band.

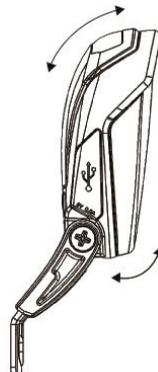


Integrated lighting control

The bicycle can be fitted with a different headlight. This lighting is connected to the electrical system.

Adjust the angle of the headlamp. Make sure that the centre of the beam is approximately ten meters in front of the bike.

The headlight switches automatically on when the electrical system is activated. You can manually activate and deactivate the lights with a short press of the on/off button on the display. If the electrical system is switched off, the lighting turns off automatically.



Once the battery is low, the motor will no longer provide support for cycling. The integrated lighting continues to work. However on the remaining charge.



The USB port, which is located on the headlight, has no function.

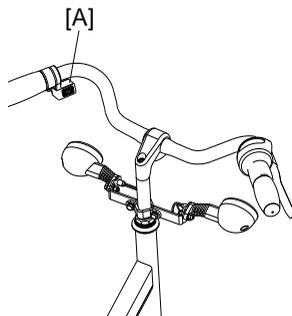
Flashing light system

To use the flashing lights press the switch [A] to the left or right.

To turn off the indicators, move the switch to the centre position.

The lights work on a battery.

To replace the batteries, turn the screw on the cap and take the orange cap [B] away. Then remove the PCB [C] from the holder. You can now replace the battery [D].

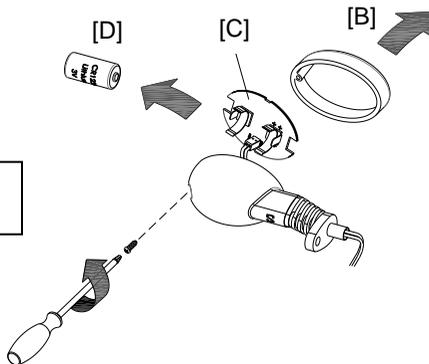


This is a 3-volt lithium battery, CR123A.



Batteries cause environmental pollution. Follow the local regulations during disposal.

Extra accessories are available at your dealer.



Technical details

Length (cm)	185
Width (cm)	66
Height (cm)	117
Inseam (cm)	67-82, 76-91* , 85-100
Frame height (cm)	42, 52* , 61
Entry height (cm)	23
Front wheel	24"
Back wheel	24"
Weight (kg)	about 22
Max. load luggage rack (kg)	20
Max. user weight (kg)	120
Brakes, front	Cantilever brakes
Brakes, back	Cantilever brakes

* standard

Maintenance and adjustments to be done by owner

Below you can find the instructions for maintenance and adjustments that you can do yourself on a regular basis, which will keep your bicycle in top condition.

Cleaning

The frame of the bicycle can be cleaned with a damp cloth. For areas that are dirtier you can use a mild detergent.

The wheels can be cleaned with a moist brush with plastic hairs (not a wire brush!).

The saddle and the grips can be cleaned with mild soap and water.



Do not use a pressure washer or a steam cleaner!

The right lubricant

The chain should be cleaned and maintained at regular intervals (every three months approximately). Only use special chain grease or Tevlon spray. This is the only way to make sure that the chain will run smoothly, will stay water resistant and will not rust.

1. Wipe the chain with a cloth.
2. Treat it with grease or spray.
3. Remove any excess lubricant with a rag.

Other parts should **not** be treated with a lubricant.

Inspection of the bicycle

It is recommended that the bicycle has a yearly inspection carried out by the dealer to claim warranty. Please use the form "Form service, maintenance, modifications and warranty claims" in the back of this manual. After 200 kilometres or after a period of two months the bicycle should be inspected.

In the event of technical trouble or faults, the bicycle should be taken to the dealer for repairs **immediately**.

The replacing of safety-related components (especially frame, brakes, lighting, handlebars, front fork and actuation) should be performed by the dealer.

If you still decide you want to replace components yourself, you are responsible for damage or harm due to incorrectly fitted components.

Only use **original** Van Raam spare parts, which you can buy at your dealer. If requested the dealer will make the necessary information on repair and maintenance available.

Repairs and maintenance to be done by dealer

Check the brakes, the rims, lighting, the chain tension and the spokes. Also check the tyre tread depth. This should be at least one millimetre. Worn out tyres or possible faulty parts should be replaced.

Checking the rim

Due to the combined action of the brake and the rims, not only the brake lining but also the condition of the rim is important. For this reason the rim should be checked at regular intervals, for example when you inflate the tyres. The presence of fine cracks in the spoke punches or deformation of the rim when there is higher air pressure, indicate more serious wear and tear. In that case the rim should be replaced, because it can lead to loss of brake function or even a crack in the rim, which can lead to all kinds of dangerous consequences.

Repairs, maintenance and modifications should only be performed with original Van Raam parts.

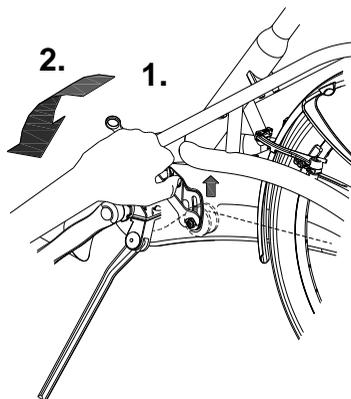
The correct tension of the chain

The chain should not be too tight. It should hang loose. Without effort you should be able to move the chain up and down, half a centimetre approximately.

To keep the tension of the chain correct, a special tensioning wheel is fitted by the pedal axis.

To adjust the tensioning wheel:

1. Slightly loosen the screw. Hold the nut on the backside with a wrench, otherwise the screw can't be loosened.
2. Move the tensioning wheel such that the chain hangs loose as described above.
3. Tighten the screw firmly.



Disposal

If you want to dispose your bicycle, contact your dealer. You can also contact the local waste disposal company. They will dispose the bicycle according to the regulations of your town.

Handover/sale to a new owner

When you hand over your bicycle to a new owner it is important that you also hand over all necessary technical documentation and spare keys, so that the new owner can use the bicycle safely.

Guarantee

The guarantee is valid for all faults in the product, which are proven to be caused by material or manufacturing error.

We give a guarantee of five years on the frame and the front fork. For all accessories and other parts (except wear parts) we provide a two year guarantee, as legally regulated. The guarantee only applies by normal use and maintenance of the bicycle, as described in this manual.

Beware!

The guarantee as well as the product liability in general expires if the instructions stated in this manual are not followed. This is also the case if unauthorized maintenance is carried out or if technical changes or additions are made with non-original Van Raam parts without permission of Van Raam. The original CE certification will become nul-and-void if modifications are done by third parties. The absence of the certification can lead to problems in insuring your bike, and for any loss or incurred.

Frame number

The frame number is printed on the sticker. This sticker is located on the frame, see the image below.

Example sticker:



Position of sticker:



on backside of the saddle tube

Form service, maintenance, modifications and warranty claims

To maintain warranty on the Van Raam bicycle, follow this service schedule.

Service:	Carried out (date):	Signature dealer:
Service after the first 200 KM or two months.		
Service 1 year after delivery.		
Service 2 year after delivery.		
Service 3 year after delivery.		
Service 4 year after delivery.		
Service 5 year after delivery.		

Even after five years, we advise you to give your bike annual service. Passing by the service after five years will have no further effect on warranty claim because it expires for certain parts after five years.

Modifications to the bike

The following items are changed to the bike:

Changed:

Date:

Carried out:

Beware! Please note that if changes are made by a non-authorized Van Raam dealer or no original Van Raam parts or options are used, warranty may void.

Delivery and service form

Congratulations on your purchase of your Van Raam bicycle. This bike is produced with utmost care. To guarantee the quality as much as possible Van Raam produces the cycles according to the ISO 9001: 2008 quality standards. Van Raam has been certified by TÜV Rheinland Netherlands BV.

You will especially enjoy your Van Raam bike when the bike is adjusted to your specifications and when the instructions in the user manual are followed. Pay special attention on the service intervals who specified in the manual of the bike.

To claim warranty and service you should always fill out this form, at least at delivery and service. This signed form declares that the end user had an instruction on the operation of the bicycle, that the bicycle is adjusted to the specifications of the end user and that the user manual is received.

Fill out when the bicycle is delivered

Type Van Raam bicycle:	
Frame number:	
Key number:	
Delivered to:	
By dealer:	
Place:	
Date:	
Signature user bike:	Signature dealer:
When available, stamp dealer:	