

# **User Manual**



# **Balance**

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Version 23.11



# **Table of contents**

Manufacturer contact details	3
Conformity Europe (CE)	3
Conformity UK (UKCA)	3
Introduction	4
Delivery	4
Indication	5
Intended usage	5
Safety measures	6
Adjustment of the bicycle	9
Before the first use	11
Electro system Silent	14
Van Raam e-bike app	24
Accessories	25
Technical specifications	27
Cleaning and maintenance by owner	28
Repairs and maintenance to be done by dealer	30
Adjustments to be done by dealer	31
Disposal	32
Handover/sale to a new owner	32
Guarantee	33
Frame number	34
Maintenance recommendation	35
Service plan	37
Delivery and service form	39



#### Manufacturer contact details

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### Conformity Europe (CE)

Van Raam Reha Bikes B.V. declares as manufacturer that the Balance bicycle, as described in this user manual, have been produced in accordance with regulation (EU) 2017/745, risk class 1. The tricycles fitted with the Electro system Silent also comply with the 2006/42/EC directive including the EMC directive 2014/30/EU and the NEN-EN 15194:2017 Bicycles - Electrically supported bicycles - EPAC Bicycles - part 4.2 Electrical requirements. The signed declaration of compliance can be found on the Van Raam website.

### Conformity UK (UKCA)

Van Raam Reha Bikes B.V. as manufacturer declares that the Balance, as described in this user manual, is manufactured in accordance with the "Essential Requirements of Medical Devices Regulation 2002" (UK MDR 2002 Class 1 Medical Devices). The Balance supplied with the Silent electrical system also complies with the "Machinery (Safety) Directive SI 2008/1597" including the applicable parts of "Electro Magnetic Compatibility Regulations SI 2016/1091" and the NEN-EN 15194:2017 Bicycles - Electric support bicycles - EPAC Bicycles - part 4.2 Electrical requirements. The Balance is provided with UKCA label according to "EU Exit Regulations 2020/1478". The signed declaration of conformity can be found on the Van Raam website.



Version 23.11 3/39

#### Introduction

This user manual provides important and necessary information about the use of your bicycle.

We request that you read this manual thoroughly before using the bicycle. Always follow the instructions as provided in this user manual and keep the manual carefully. The most current version of the user manual can be found on the product page of the bicycle on the website <a href="https://www.vanraam.com">www.vanraam.com</a>. Disclaimer: images may differ from the bike you have received.



READ CAREFULLY

For children and people with limited mental perception, all safety and handling aspects of this manual must be made understandable by a responsible supervising person.

### **Delivery**

Your delivery should include the following:

- Bicycle with packaging
- User manual(s)
- Possible Smart-battery including card with 5-digit code (depending on options)
- Possible chargers (depending on options)
- (Spare) keys

Check the delivery immediately after receiving it. In case of damage or incomplete delivery we ask you to contact your dealer immediately. Upon delivery you should fill out the form "Form service, maintenance, modifications an warranty claims" in the back of this manual.



Version 23.11 4/39

#### Indication

The Balance can be used by people that have difficulty getting on and off the bicycle, people with neck, shoulder and wrist complaints, and persons with slight balancing problems.

### Intended usage

The bicycle is designed for normal use on level and solid ground. The usual bicycle caution should always be taken into consideration. In general, bicycle caution should always be observed when using the bicycle. Moreover, the safety instructions as described in this manual should be explicitly followed. Local traffic laws and regulations should also be observed.

The bicycle is meant for one person. The driver should be independently mobile and may not have any serious visual or other impairments, which prevent responsible participation in traffic. The maximum user weight and luggage load (to be found in the chapter **'Technical Specifications'**) may not be exceeded.

The manufacturer is not responsible for any damage or injury caused as a result of or during the course of any other type of use.



### Safety measures

- Take immediate action if any part is loose while using the bicycle, if slack is
  detected or if you hear a strange noise. If you cannot solve the problem yourself,
  please contact your Van Raam dealer. Pay particular attention to the wheels,
  handlebars and seat.
- Only use the bicycle on a solid and level surface.
- Make sure that no dangerous speed develops on descents. Brake on time and cycle at a moderate speed.
- Be careful not to get baggy pants or loose-fitting clothing caught in the chain, wheels, pedals and other rotating/moving parts.
- Do not use a high pressure or steam cleaner for cleaning.
- Lock the bicycle at all times if you leave the bike unattended.
- During pregnancy, extra caution is required because of an increased risk of injury.
- Do not put the bicycle in direct sunlight: the temperature of some parts can exceed 41°C. Contact with the skin may cause skin sensitisation.
- If pedal assistance is available on the bicycle: practice with the starting aid. When using the bicycle, make sure that the starting aid is not unintentionally activated.
- If the bicycle is equipped with a front-wheel motor, be especially alert to loose gravel/sand on the road surface in curves due to skid danger.
- If a charger is supplied with the bicycle, also read the information under the heading "Charger Safety Precautions" in the "Electro system Silent" chapter.

### Tips for safe biking

Make sure you have properly adjusted the bike to the dimensions of the rider, then you can use the bike safely and comfortably.



Version 23.11 6/39

### Important safety points for the rider

- Ride very carefully on the first ride.
- Keep your hands on the handlebars and feet on the pedals while riding.
- Test the driving behaviour of the bicycle at an appropriate speed on an uneven surface. This way you learn to react better to unexpected movements of the bicycle and the handlebars during use.
- Small obstacles must be ridden over at an appropriate speed.
- Obstacles higher than five centimetres should be avoided.
- One of the brake levers operates the brake on the front wheel. Extra caution is required here, because the front wheel can lock if the brakes are pulled too strongly. Practice with phased braking.

#### Check before every ride

Contact your dealer and do not use the bicycle if you notice irregularities during the check!

- Check that the brakes are working correctly. The brakes should work and you should feel pressure on the brake lever.
- Make sure there is enough air in the tires. The tires may be inflated to the
  maximum pressure indicated on the side of the tire. Tip for extra comfort: You do
  not have to inflate the front wheel to the maximum pressure, but make sure you
  always stay above the minimum specified pressure.
- Check that the lights are working correctly. See chapter 'Before use' for the correct setting of the lighting.
- Check that the seat and handlebars are secure. See chapter 'Adjusting the bicycle' for the correct adjustment of the seat and handlebars.
- Make sure the battery is sufficiently charged (optional).

As with all mechanical parts, the bicycle is subject to wear and tear and high loads. If a component fails, it can lead to very dangerous situations and to damage or injury to the bicycle user. Any cracks, scratches or change of colour in heavily loaded parts of a component is an indication that the part must be replaced.



Version 23.11 7/39

#### Load

The maximum load should not be exceeded. See the information in the technical data table in the **'Technical Specifications'** section of the user manual. By permitted load we mean the total load, including the load on the luggage rack.

Make sure that the permitted load on the luggage rack is not exceeded. (**maximum** 23 kg). No persons may be transported on the luggage rack without an approved child seat.

### Damaged or worn out parts

The replacement and repair of parts (frame, forks, light, brakes, drive mechanism and the handlebars) should **always** be performed by an authorized dealer. If not, the guarantee ceases to be valid and you will be personally responsible in the event of possible damage.



Specific safety parts should **always** be replaced by new parts!



Version 23.11 8/39

### Adjustment of the bicycle

Before using the bicycle, adjust it to the measurements of the cyclist. This is of great importance, especially the saddle and the handlebars.



If an optimal adjustment of the bicycle, as defined in the instructions, is not possible, you can contact your dealer for a fitting solution.

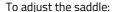
The brakes are correctly adjusted and should only be adjusted by the dealer during periodic maintenance.



Take care that fingers and limbs do not get trapped while adjusting the bicycle.

### Saddle height

When the cyclist is sitting on the bicycle and can put a foot on the pedal in the lowest position, the saddle height is correct. Adjust the saddle height in such a way that the leg is stretched but relaxed in that position.



- 1. Loosen the screw [A].
- 2. Slide the saddle to the correct height.
- 3. Tighten the screw.





Do **not** pull out the saddle pin **further** than the mark. The tube will not go into the shank deep enough and will risk breaking off, which can lead to serious injuries.





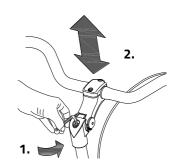
Version 23.11 9/39

#### Handlebars height

The height of the handlebars affects the comfort of the ride. It determines the pressure on the hands and the position of the back. You decide the most comfortable position yourself with some practice.

### To adjust the handlebars:

- Slightly loosen the screw by using an Allen key.
- Slide the handlebars to the correct height and tighten the screw very firmly again.





Do **not** pull out the handlebars **further** than the mark. Otherwise the tube will not be deep enough in the shaft and will risk breaking off, which can lead to serious injuries.

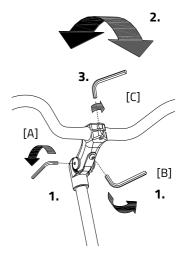


#### Position handlebars

You can tilt the handlebars. This influences the distance from the handlebars to the upper body. Determine your own most comfortable position by using the bike.

#### To tilt the handlebars:

- Slightly loosen the screws [A] and [B] with an Allen key.
- 2. Put the handlebars in the desired position and then tighten the screws considerably.
- Slightly loosen screw [C] with an Allen key, put the handlebars in the correct (horizontal) position and then tighten the screw again.





Version 23.11 10/39

#### Before the first use

#### Lighting

Normally, the lighting on your bike can be operated manually and set to different modes. However, if your bike is equipped with the Silent Elektro system, your lighting will automatically turn off when the electric system is activated. The controls of both the manually operated and centrally operated lighting is explained below.

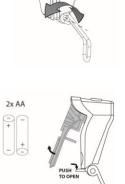
### Manually operated headlight

The headlight has a button with three different modes: ON – ON [50%] – OFF.

Adjust the angle of the headlight to its correct position, when the centre of the light beam is about 10 metres in front of the bicycle.

The headlight is powered by batteries. When the batteries are nearly empty, the LED light in the button of the headlight will turn red. Follow the steps to change the batteries of the headlight.

- Open the headlight by pushing down the tab on the housing and simultaneously pulling the front of the light outward like shown.
- 2. Change the two alkaline batteries (2x AA).
- Put the light back together by first pushing the top of the light back into the housing and then pushing the bottom of the light back over the tab of the housing.



1x = ON 2x = ON (50 %) 3x = OFF



You can only operate the light while your bike is standing still to avoid dangerous situations and to avoid the chance of entrapment.



Version 23.11 11/39

### Manually operated rear light

The rear light has three options which you can choose by pressing the button repeatedly: **On-Auto-Off.** 

The setting is as follows:

Press 1x: light is on

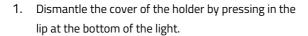
Press 2x: lighting is automatic

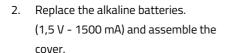
Press 3x: light is off

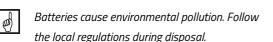
With the "On" or "Off" mode, the rear light can be manually switched on and off.

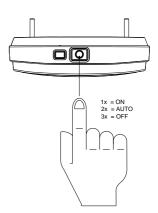
With the "Automatic" mode the rear light automatically turns on and off with the help of light and movement sensors. When the bicycle stands still for a while, the light will automatically turn off.

The rear light works on batteries. When the batteries are almost empty, a red LED light on the top starts flashing. To replace the batteries, follow the next steps.

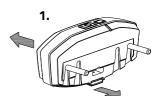


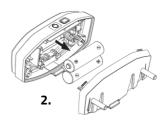














### **Centrally Operated Lighting**

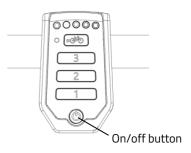
The bike has been equipped with centrally operated lighting, with the lighting being connected to the electric system.

The lighting will turn on automatically when the electric system is activated.

Adjust the angle of the headlight, so that the centre of the light beam is aimed about ten metres in front of the bike.

You can manually turn the lighting on and off by briefly pushing the on/off button on the display. When the electric system is turned off, the lighting will turn of automatically.







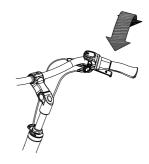
Make sure there is always a battery on the bike when you are cycling after dark!

Once the battery is nearly empty, the motor will no longer provide pedal support power assistance while cycling. The lighting will still be powered by leftover power.

#### Gears

Standard the bicycle has eight gears. The gear is operated by turning the grip.

Do not use the pedals when turning the grip.





Before you start using your bike, take notice of the safety measures section and make sure you understand them all.



Version 23.11 13/39

### **Electro system Silent**

The Silent Electric motor system is a special developed support system by Van Raam for the rehabilitation market. The system is characterized by:

- 1. A simplicity of operation
- 2. Individually adjustable support for cycling
- 3. Modern and efficient electronics
- 4. The powerful electric motors
- 5. High quality and safe batteries
- 6. Highly reliable system

The Silent system comes standard with a basic support mode individually programmed for your bike. In most cases, it gives precise and smooth cycling characteristics with a good compromise between support and radius of action.

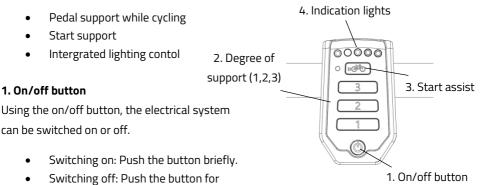
In special cases, an individually tailor-made cycling program is necessary. You can obtain information from the dealer about the possibilities of a customized cycling program.



#### Functions:

The electric system has the following functions:

two seconds.



After the system is turned on, the electric motor is active in level 1.



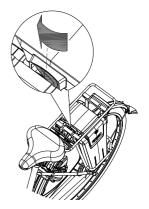
When the system is not used, it will automatically turn off after a certain time.



Always turn off the electric system before getting on and off the bike, and when you are walking while holding the bike.



Make sure that the switch under the luggage carrier is always pressed toward the side where the battery is located. Note that with some models the battery switch has a middle (neutral) position as well. That means the battery is switched off.





#### 2. Degree of support 1, 2 and 3

The desired support can be set by using one of the support levels 1, 2 or 3.

- 1. Light support, maximum range.
- 2. Average support, average range.
- 3. Maximum support, low range.

You can change the level while cycling.



The behaviour of the battery depends on a lot of different factors and is strongly influenced by: capacity and voltage of the battery, degree of support that is used, temperature, wind speed, tyre pressure, cycling speed, weight of the user and the luggage, use of gearing etcetera.

#### 3. Start assist

The Silent electric motor has a start support. This allows the driver to pull-away without pedalling up to a speed of 6 km/h over 6 seconds. To accelerate, press the start assist button and keep it pressed down. The function will only activate again, when the support button has been pressed down again. If you peddle normally, the function works for up to 6 seconds, each time the button is pressed, up to maximum speed of the bicycle (20 km/h).

The start assist is used for:

- Extra support when starting.
- Extra support for cycling uphill.



When cycling a steep climb, you can use support in level 3 and push the start assist repeatedly for 6 seconds to achieve maximum support.



Version 23.11 16/39

#### 4. Indication lights

The level of charge in the battery is given by five LED lights: four of these are green, the one on the left can show either green or red, if charge is low.



The battery is fully charged. When in use, the number of green LED lights on the battery will decrease.



The battery is 50% charged when two green LED lights are on.

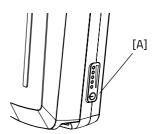


The battery is almost empty if only the last red LED light is on. The battery needs to be recharged or replaced by a (new) fully charged battery.



When the last red LED light flashes, the battery is empty and the motor will no longer support while cycling. The integrated lighting continues to work.

The battery is equipped with a button and indicator that makes it possible to check the charge by briefly pressing the button [A]. The status of the battery is shown with five green indicator LEDs, of which the left most one can blink. That means the battery is nearly empty. During charging, the battery displays the progress of the charging.



### **Centrally Operated Lighting**

The bike is equipped with centrally operated lighting, with the lighting automatically turning on when the electric system is activated. Further instructions can be found in the chapter 'Before the first use'.

#### Other functions

The smart display has an automatic dimming function. With an inbuilt light sensor the lights of the display will automatically creating less distraction for the cyclist in darker or more shadowy conditions.



### **Charging the Battery**

For the best performance and to prolong the life of the battery, we recommend that you charge the battery at home at room temperature.



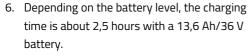
Gebruik de lader alleen als de omgevingstemperatuur tussen de 0 en 35 graden ligt.

### To charge the battery:

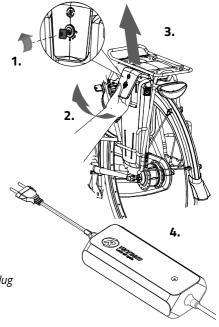
- Unlock the battery by turning the key a quarter.
- 2. Pull the handle forward.
- 3. Take the battery pack from the holder.
- Take the battery pack inside. First plug the charger into the socket. The green LED will light up. The charger is now on stand-by.
- Then insert the charging connector of the charger into the charging point of the battery. The red LED will light up. The charger is now charging.

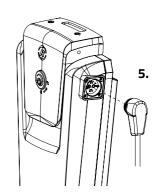


Please note! If the battery is not connected properly, the green LED will light up (standby mode). If the connection is poor, unplug the plug from the socket and clean the charger's connector with a dry cloth.



- Once the battery is fully charged, the green LED will be solid. Now **first** remove the charging connector of the charger from the connector of the battery
- 8. **Then** unplug the charger from the socket.







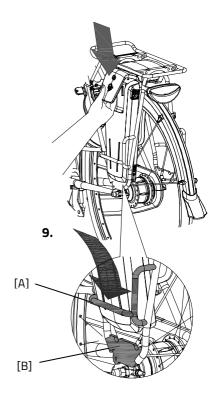
Version 23.11 18/39

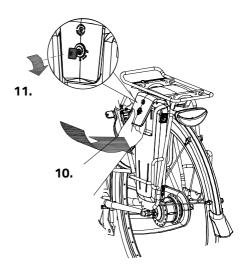
- Put the battery back in the holder of the cycle. Slide it behind bar [A] and press it firmly on strip [B].
- 10. Pull the handle backwards and push the top of the battery to connect as shown in the drawing and close the lock.
- 11. Push the handle forward and close the lock.

It is also possible to charge the battery while it is still in the holder.



Do not wait until the battery is completely empty. It is better to recharge the battery interim.







Version 23.11 19/39

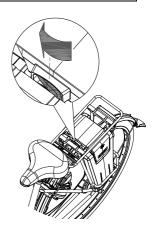
### Charger:

LED	Status
indication	
Green	Standby
Red	Charging
Green	Battery full
Red, blinking	Safety: Polarity inversion; Short; Over temperature; Over power;
	Over voltage

### **Backup battery (optional)**

The bike can be supplied with a second battery. Once the connected battery is empty, you can switch to the second battery.

To activate the second battery, turn the switch under the luggage carrier to the side of the second battery.



### **Battery Deep Sleep Mode**

When the battery is nearly empty and has not been used for a week, the battery will enter deep sleep mode. In this mode the battery uses as little power as possible, to increase the lifespan of the battery.

When the battery is in deep sleep mode, it cannot be used. By pressing the button on the battery, the battery will be woken up from deep sleep mode, and it can be used again. It is recommended to first charge the battery before using it in that scenario.



#### Charging and maintenance tips for the battery

- Never leave the bike with an empty battery! We advise you charge the battery as soon as possible before it's totally empty.
- The best storage-charge of the battery is when three to five LED lights are lit.
- Check the battery every month in the winter. If fewer than three LED lights burn, recharge the battery.
- Preferably store and use the battery in environments of 5 to 20 °C. Avoid higher or lower temperatures.
- Do not charge the battery in sunlight and make sure that the battery is not charged at a temperature of less than 5°C.
- Only use the charger indoors and in non-humid environments, the charger should not get wet.
- Only use the Van Raam supplied battery.
- Only charge the battery with the supplied charger!
- The battery housing and charger housing may never be opened! When there is a problem, contact your dealer.
- The Van Raam battery may not be revised due to serious safety risks and the incorrect functioning of the electric system as a whole.
- Don't drop the battery, this can cause external and internal damage.
   If your bicycle has a fault, the battery should be disconnected from the bicycle.



Keep in mind that your bike provides less support when it's cold (0°C and less) and the battery will discharge faster. Charging also takes more time at lower temperatures.



Every battery discharges automatically over time. This process is called self-discharge. A battery that is empty and not charged, will self-discharge and will be deep discharged. The battery can be permanently damaged during this process. In case of deep discharge, the warranty will be void.



Please note that any battery will wear over time. The wearing process of the battery is inevitable and depends on several factors, such as usage, number of charge cycles and the ambient temperature. Even if the battery is not used, its capacity will decrease. A worn battery can still be used, but please bear in mind that its charge level may decrease.



Version 23.11 21/39

#### Possible malfunctions

- The system does not turn on:
  - 1. Make sure that the battery is properly attached.
  - 2. Check if the switch under the luggage carrier is pressed towards the side of the battery.
  - 3. Check the status of the battery. If it is empty, recharge the battery.
  - 4. If the above action does not help, contact your dealer.
- If the battery indicator LED lights on the display are flashing:
   The motor may be overheated by continuous high load. For protection, the system will reduce the support.
  - 1. The system is in temperature-protection. You can continue cycling with reduced support.
  - 2. After cooling down, the normal support and indication will restore automatically.
- If the support LED lights on the display are flashing: This indicates motor failure. You will need to contact your dealer.
- If a red LED light on the charger starts flashing, remove the plug form the mains outlet and do not longer use the charger. In this case, contact your dealer.



Version 23.11 22/39

#### **Charger Safety Measures:**

- Only charge Van Raam Li-lon batteries with the included charger. Only connect
  the charger to a suitable power point (220-240 Volt AC 50-60 Hz). If the charger
  is not being used, unplug it from the socket and take the plug out of the battery.
- The charger may only be used by people who have read the information in this
  user manual and are familiar with the proper use of the charger. Keep the
  charger out of reach of children; do not let them play with it.
- The charger has been designed for use in a dust-free, dry, and ventilated environment. Do not expose the charger to water, heat sources, and direct sunlight. Keep the charger clean and dry.
- Do not charge batteries that feel hot to the touch. The battery may not be hotter than room temperature for charging. Stop charging if the battery becomes abnormally hot (>40°C).
  - **Please note!** The charger may become hot during charging > 50 °C. First carefully feel if it is safe to touch the charger. This temperature can cause sensitivity or startle if it comes into contact with the skin.
- Do not use the charger if it is visibly damaged or modified. Do not repair the charger! Please contact Van Raam. Never open the charger yourself!
- While charging, please monitor the charger and the battery. Once the battery is full, remove the plug from the socket and the plug out of the battery



Version 23.11 23/39

### Van Raam e-bike app

The Van Raam bicycle app is a free smartphone app that you can use while cycling on your electric Van Raam bicycle.

#### What can you do with the Van Raam e-bike app?

- App can be used as a luxury bicycle computer
- Change bike settings
- Send SOS messages with GPS location to a number of your choice
- View cycled routes
- View information about the bike

### How does the Van Raam e-bike app work?

With the Van Raam e-bike app, a connection can be made with the display via Bluetooth connection. As soon as the display is ready to connect to the smartphone, the on/off button will briefly turn blue.

This app can be used as a luxury bicycle computer for Van Raam bicycles with pedal assistance and also contains many other extra functionalities. The dashboard on the app shows the current speed, total distance, trip meter, battery capacity and



power consumption during the bike ride. For more cycling data, there is a details screen including average speed, maximum speed, total distance, power, battery voltage, pedaling power and pedaling frequency.

The Van Raam e-bike app can be downloaded free of charge from the **Google Play Store** or **Apple App Store**.

For more information about the Van Raam e-bike app, you can visit the Van Raam website: www.vanraam.com.



Version 23.11 24/39

#### Accessories

Depending on your order, you can use the accessories as described below. Extra accessories are available at your dealer.

#### Crank shortener

The crank shortener is fitted to the crank, as illustrated. The pedal can then be fitted into the crank shortener at two positions.

With the screw [A] the crank shortener should be aligned with the crank.

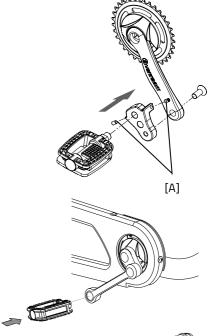
#### **Eccentric crank**

The bicycle can be fitted with an eccentric crank on the left and/or right side. The illustration may differ from your crank, because it is custom made.

### Walking-stick holder

You can take two walking-sticks with you in the stick holder. Place the walking-stick in the holder at the bottom side [A] and then secure the stick in the fastening device [B] at the top side.

Always fasten the walking-stick(s) with the Velcro band.







Version 23.11 25/39

### Flashing light system

To use the flashing lights press the switch [A] to the left or right.

To turn off the indicators, move the switch to the centre position.

The lights work on a battery. To replace the batteries, turn the screw on the cap and take the orange cap [B] away. Then remove the PCB [C] from the holder. You can now replace the battery [D].

This is a 3-volt lithium battery, CR123A



Batteries cause environmental pollution. Follow the local regulations during disposal.



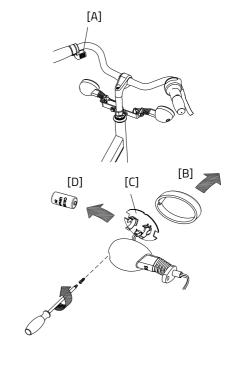
The floating pedal can be set to different positions. To do this, the hexagon bolt [A] must first be loosened a few turns with an Allen key. The floating pedal can then be adjusted to the desired height. Then retighten the bolt.



The image may differ from the bicycle.



When rolling backwards and dismounting the bicycle, the floating pedal can kick back. Be aware that in this situation, the pedal may come into contact with the leg.





Version 23.11 26/39

# **Technical specifications**

Length (cm)	182
Width (cm)	66
Height (cm)	117
Inseam (cm)	67-82, <b>76-91</b> *, 85-100
Frame height (cm)	42, <b>51</b> *, 60
Entry height (cm)	22
Front wheel	24"
Back wheel	24"
Weight (kg)	about 26 excluding electric components
Max. load luggage rack (kg)	23
Max. user weight (kg)	120
Brakes, front	hydraulic rim brakes
Brakes, back	hydraulic rim brakes

<sup>\*</sup> standard



### Cleaning and maintenance by owner

Below you can find the instructions for maintenance and adjustments that you can do yourself on a regular basis, which will keep your bicycle in top condition.

### Cleaning

The frame of the bicycle can be cleaned with a damp cloth. For areas that are dirtier you can use a mild detergent.

The wheels can be cleaned with a moist brush with plastic hairs (not a wire brush!). The saddle and the grips can be cleaned with mild soap and water.



Do not use a pressure washer or a steam cleaner!

### The right lubricant

The chain should be cleaned and maintained at regular intervals (every three months approximately). Only use special chain grease or Tevlon spray. This is the only way to make sure that the chain will run smoothly, will stay water resistant and will not rust.

- 1. Wipe the chain with a cloth.
- 2. Treat it with grease or spray.
- 3. Remove any excess lubricant with a rag.

Other parts should **not** be treated with a lubricant.



Version 23.11 28/39

#### Inspection of the bicycle

It is recommended that the bicycle has a yearly inspection carried out by the dealer to claim warranty. Please use the form "Form service, maintenance, modifications and warranty claims" in the back of this manual. After 200 kilometres or after a period of two months the bicycle should be inspected.

In the event of technical trouble or faults, the bicycle should be taken to the dealer for repairs **immediately**.

The replacing of safety-related components (especially frame, brakes, lighting, handlebars, front fork and actuation) should be performed by the dealer.

If you still decide you want to replace components yourself, you are responsible for damage or harm due to incorrectly fitted components.

Only use **original** Van Raam spare parts, which you can buy at you dealer. If requested the dealer will make the necessary information on repair and maintenance available.



Version 23.11 29/39

### Repairs and maintenance to be done by dealer

Check the brakes, the rims, lighting, the chain tension and the spokes. Also check the tyre tread depth. This should be at least one millimetre. Worn out tyres or possible faulty parts should be replaced.

### Checking the rim

Due to the combined action of the brake and the rims, not only the brake lining but also the condition of the rim is important. For this reason the rim should be checked at regular intervals, for example when you inflate the tyres. The presence of fine cracks in the spoke punches or deformation of the rim when there is higher air pressure, indicate more serious wear and tear. In that case the rim should be replaced, because it can lead to loss of brake function or even a crack in the rim, which can lead to all kinds of dangerous consequences.

Repairs, maintenance and modifications should only be performed with original Van Raam parts.

### **Tightening torque**

Specific part	Torque
Handlebar stem bolt Balance	21-23 Nm
Handlebar bolts Balance	12-14 Nm
Steering head bearing	Slack-free
Ball bearing front fork	Slack-free
Engine nuts	50 N
Bottom bracket bolts	30 Nm
Crank bolts	37 Nm
Caliper bolts	10 Nm
Wheel bolts	30 Nm
Wheel nuts	37 Nm



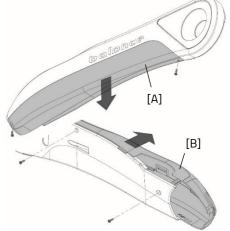
Version 23.11 30/39

### Adjustments to be done by dealer

#### Chain guard removal

To reach the chain for maintenance, the chain guard must be removed. To do this, follow the next steps:

- Using a Torx screwdriver, remove the 2 screws at the bottom of the transparent chain guard part [A].
- Pull the transparent chain guard part
   [A] downward to remove it.
- Next, remove the Torx screws on the back of the chain guard.
- After this, the front of the chain guard [B] can be removed by pulling it forwards.

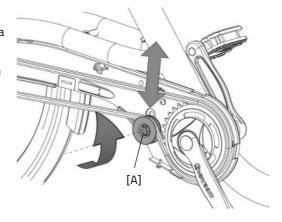


### Setting chain tension

The chain should not be too tight. It should be able to have movement. Without force, the chain should be able to move up and down about half a centimetre.

To adjust the chain to the correct tension, follow the next steps:

- Loosen the chain tensioner
   wheel nut [A] a few turns. Use a
   spanner on the back to prevent
   the nut from turning along with
   it.
- Bring the chain to the correct tension by pushing the tensioning wheel [A] up or down.
- 3. When the chain has the correct tension, retighten the nut.





Version 23.11 31/39

### Disposal

### Recycling the Bike

In 2018 the WEEE directive 2012/19/EU was updated. As a result, electric two-wheeled bicycles have been included in the WEEE directive since 15 August 2018. If you wish to have your Van Raam bike recycled, please contact your dealer. They are responsible for complying with the recycling obligation. Ask them about the conditions or view the rules regarding recycling in your place of residence/country.

### **Recycling the Battery**

If your battery is defective or if you are no longer using it, you must have it recycled. Please contact your dealer. They are responsible for complying with the recycling obligation. Ask them about the conditions or view the rules regarding recycling in your place of residence/country.

#### Handover/sale to a new owner

If you transfer the bicycle to a new owner, it is important that you hand over all necessary technical documentation and spare keys, so that the new owner can use the bicycle safely.

Do you use the Van Raam E-Bike App and have you linked your bike and battery to the app? Make sure you disconnect the bike and battery from the app when transferring/selling. **Please note!** Your cycled routes will not be lost and you can always continue to view them in your Van Raam E-Bike App account. The next owner cannot view your cycled routes.



#### Guarantee

The guarantee is valid for all faults in the product, which are proven to be caused by material or manufacturing error.

We give a guarantee of five years on the frame and the front fork. For all accessories and other parts (except wear parts) we provide a two year guarantee, as legally regulated. The guarantee only applies for normal use and maintenance of the bicycle, as described in this manual.

#### Beware!

The guarantee as well as the product liability in general expires if the instructions stated in this manual are not followed. This is also the case if unauthorized maintenance is carried out or if technical changes or additions are made with non-original Van Raam parts without permission of Van Raam. The original CE certification will become nul-and-void if modifications are done by third parties. The absence of the certification can lead to problems in insuring your bike, and for any loss or incurred.



### Frame number

The frame number is printed on the sticker. This sticker is located on the frame, see the image below.

### Example sticker:



### Position of sticker:



On backside of the saddle tube

### Maintenance recommendation

A Van Raam bike often is subject to extensive use and must perform in all weather conditions. By correctly maintaining the bike, the lifecycle can be extended greatly. This maintenance can be done by a Van Raam dealer. In most cases, you can do the monthly and annual inspection yourself.

#### Maintenance Overview:

What	One-person bike	Multi-person	Duration	By whom?
		bike		
1 <sup>st</sup> service moment	3 months/300 km	3 months/200 km	15 min	Dealer
2 <sup>nd</sup> Service moment	6 months/1.000 km	6 months/500 km	15-30 min	Dealer
3 <sup>rd</sup> Service moment	12 months/2.000	12 months/1.000	30-90 min	Dealer
	km	km		
Monthly inspection*	Every month	Every month	15 min	User
Annual inspection*	Every 12 months	Every 12 months	60 min	User

<sup>\*</sup> This is advised to extend your bike's lifecycle. You can also have this done by your dealer.

### Monthly inspection

15 minutes

#### Among them:

- Check and inflate the tyres
- Check the chain tension and grease if needed
- Tighten bolts/nuts where needed
- Check all lights
- Check the brakes
- Check all rotating parts and grease if needed
- · Clean the bike

### **Annual inspection**

60 minutes

Among them:

- Check and touch up the paintwork
- Check the wheels for any buckling
- Check the spoke tension
- Check the steering ball joints
- Check all lights
- Check the saddle clamp
- Check the placement of all electric components (E-Bikes only)



Version 23.11 35/39

#### 1st Service moment

15-30 minutes

### Among them:

- Check tyres and inflate
- Check the spoke tension
- Check the chain tension and grease
- Tighten any bolts and nuts if needed
- Check all brake cables and brake calipers
- Check the gears
- Check and grease all rotating parts
- Check all lights
- Clean the bike

#### 2<sup>nd</sup> Service moment

#### 30-90 minutes

Among them: All points from service moment 1, and:

- Inspection of the pedals and bottom bracket
- Grease and tighten the lock
- Grease and tighten the steering stem
- Check the steering ball joints
- Run all tests in the dealer tool (E-Bike)

### 3<sup>rd</sup> Service moment

60-120 minutes

Among them: All points from service moment 1, 2, and:

- Inspection of the paintwork
- Inspection of the frame/front fork
- Inspection of the seat cushions
- Inspect the functioning and sound of the motor/gear hub
- check reflectors for any damage
- Check all electric components on their placement (E-Bike)
- Run all tests in the dealer tool (E-Bike)



Version 23.11 36/39

## Service plan

### 1st Service moment

0 0	Yes/No Dealer: Mechanic:	Date:
Remark		
2 <sup>nd</sup> Serv	ice moment	
0	Yes/No	Date:
0	Dealer:	
0	Mechanic:	
Remark	S:	
3 <sup>rd</sup> Serv	ice moment	
0	Yes/No	Date:
0	Dealer:	
0	Mechanic:	
Remark	S:	



Version 23.11 37/39

## **Annual inspection**

Date	Dealer	Mechanic	Remarks



### Delivery and service form

Congratulations on your purchase of your Van Raam bicycle. This bike is produced with utmost care. To guarantee the quality as much as possible Van Raam produces the cycles according to the ISO 9001:2015 quality standards. Van Raam has been certified by DNV GL Business Assurance B.V.

You will especially enjoy your Van Raam bike when the bike is adjusted to your specifications and when the instructions in the user manual are followed. Pay special attention on the service intervals who specified in the manual of the bike.

To claim warranty and service you should always fill out this form, at least at delivery and service. This signed form declares that the end user had an instruction on the operation of the bicycle, that the bicycle is adjusted to the specifications of the end user and that the user manual is received.

#### To be completed upon delivery of the bicycle

Van Raam bicycle type:	
Frame number:	
Key number:	
Supplied to:	
By dealer:	
Location:	
Date:	
Signature bicycle user:	Signature dealer:
Digitature bicycle aser.	Signature dealer.
Signature dicycle user.	signature dealer.
Signature dicycle dser.	Signature dealer.
If applicable, stamp dealer:	Signature dealer.
	Jighatare dealer.
	Jighatare dealer.
	Jighatare dealer.



Version 23.11 39/39